The Memphis Survival Guide is sponsored by:

City of Memphis

Peace & Justice Center

Mid-South Peace and Justice Center

“We can change the face of homelessness, but we can’t do it alone. We are all one body, one team, one voice. No one is better than the other, no effort is too small. Together we can make a difference, one person at a time.”

Tamara Hendrix,
Organizing Coordinator
Homeless Organizing for Power & Equality

3573 Southern Ave
Memphis, TN 38111
901.725.4990
Fax: 901.725.7858
center@midsouthpeace.org
www.midsouthpeace.org
www.twitter.com/midsouthpeace

HOPE
Homeless Organizing for Power & Equality

SURVIVAL GUIDE 2017-18
If your family is currently homeless or facing imminent homelessness, the Memphis/Shelby County Emergency Housing Partnership can help you find immediate assistance, as well as connect you with an EarnBenefits counselor that will help pursue benefits for which you may be eligible.

Only those with children who are either currently homeless or facing immediate and imminent homelessness qualify for the program. Those callers will be assessed for eligibility for the Homelessness Prevention and Rapid Rehousing Program, or referred to Metropolitan Inter-Faith Association’s Emergency Services program. Others will be referred to programs more adequately suited to their situation.

**Dial 2-1-1 for Help**

If you are looking for help, or want to provide someone with help, just dial 2-1-1 to reach the community information and referral resources of LINC, the Library Information Center at the Memphis Public Library. LINC, in conjunction with United Way of the Mid-South, maintains a large, comprehensive database of human services organizations, government agencies, and volunteer groups.

**Free and Immediate Information for help when:**
- You are homeless and do not qualify for rapid rehousing programs
- You need affordable, reliable childcare
- You need help with clothing or meals
- You have questions about eligibility for Food Stamps or other state and federal benefits
- You need information about available transportation for the disabled
- You are seeking help with substance abuse or mental health problems
- You are a runaway teen and seeking help

**2-1-1 Hours**
Mon-Thru 10 am. to 8 p.m.
Fri-Sat 10 a.m. to 5 p.m.
Sunday 1 p.m. to 5 p.m.
or (901) 415-2790,
(885) 354-4211
Fishes and Loaves

Closet open Tues and Thurs 11:30 am to 1 pm
Food pantry/distribution is MWF 11:30-1

Fishes and Loaves is a clothes closet and food pantry offering assistance to those in need.

Fishes and Loaves is located at First Congregational Church, 1000 S Cooper (just south of the intersection of Cooper and Young).

Memphis Center for Independent Living
1633 Madison Ave, Memphis TN 38104
Mon-Fri 9am - 5pm except major holidays
(901) 726-6404

A place for individuals with disabilities and family members

We provide information and referral, advocacy, peer mentoring, nursing, home transition, and independent living skills. Helping persons navigate with the various resources in the community for individuals with disabilities.

MCIL is a non-profit community-based organization; we utilize donations of individuals wanting to volunteer their time and financial support that is very critical to the success of our continuing efforts to motivate individuals and family members with knowledge of disabilities and rights.

This guide contains information about public and private agencies and organizations offering services to people experiencing homelessness in Memphis.

PLEASE NOTE THE FOLLOWING:

1. All the information in the Guide was collected from the agencies themselves and every effort possible was made to ensure the accuracy. If there has been an error, please contact the Mid-South Peace and Justice Center and we will update them on our next edition of the HOPE Memphis Survival Guide

2. Inclusion of a particular program or service in this directory does not constitute endorsement, nor omission disapproval, of a program or service

3. Please be aware that many of the agencies and organizations listed in this Guide have limited resources. The fact that they are included does not guarantee that they are able to help everyone who is referred to them.
Mid-South Peace and Justice Center
3573 Southern Ave, Memphis, TN 38111
www.midsouthpeace.org

We are a multi-issue, cross-constituency, and membership-based organization working to fulfill our mission to engage, organize, and mobilize communities to realize social justice through nonviolent action.

The homeless community has faced many injustices, and we are dedicated to improving services and empowering the homeless. Instead of taking a top-down approach to confronting homelessness, we want to see that their voices are added to the conversation and ensure they have a seat at the table. Collaboration between service organizations and people who are homeless will allow us to have a better understanding of the problem, leading us to a better solution.

Our current efforts to improving the living conditions of Memphis’s homeless include facilitation Homeless Organizing for Power and Equality (HOPE) and the Memphis Bus Riders Union.

Homelessness is nothing less that a human rights issue. In addressing this challenge, we intend to do everything we can to ensure a higher quality of life for all Memphians.

Free Monthly Legal Clinic

Felony disenfranchisement is a serious issue with far reaching consequences for our communities. This is why Mid-South Peace and Justice Center partnered with Memphis Area Legal Services, the Memphis Bar Association, and the Shelby County Public Defender’s Office to help felons restore their rights.

WHERE: Benjamin L Hooks Central Library, 3030 Poplar Ave, (901) 415-2700

WHEN: The second Saturday of every month from 10am-12pm (we recommend you get there 20-30 minutes early)

Individuals with a legal question can talk to face to face with an attorney in order to get quick advice. Make sure to bring any documents you have pertaining to your legal situation.

Questions? Call Memphis Area Legal Services at (901) 523-8822

Eligibility for housing is determined based on a two-step process:
1. An initial screening known as the V.I.
2. A second assessment, known as the VAT for those found vulnerable through the V.I.

Vulnerability Index screenings are completed on Tuesdays from 9:30-11:30 @ the Hospitality Hub (82 N Second St)

Status can be checked at the Hub on Tuesdays; individuals in need of a VAT can also come to the Hub on Tuesdays 9:30-11:30
**ST. JOHN’S UNITED METHODIST CHURCH, 1207 PEABODY AVE**

**ST. MARY’S CATHOLIC CHURCH, 115 MARKET AVE**

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**THANK YOU** to Madeline Estes for all of her hard work, updating and reformating this latest edition of the HOPE: Memphis Survival Guide! for a printable version of the guide, visit midsouthpeace.org
A place of Hospitality for Homeless and Poor Persons
1268 Jefferson, Memphis, TN 38104
Monday, Tuesday, Thursday: 8 am to 11:30 am

In the spirit of hospitality in each of the world’s great religions, Manna House provides a place of welcome where persons are treated with respect and dignity.

Each day that we are open we offer coffee, water, use of restrooms, a place to relax, read, or play board games. On Mondays and Thursdays there are showers for men (limited to 20, with signup the previous day that Manna House is open), and on Tuesdays there are showers for women (limited to 15, with signup on Monday).

Also on Mondays and Thursdays “Socks and Hygiene” are offered to 51 persons. On Tuesdays “Socks and Soap” are offered to 51 persons. There is no requirements for ID or social security number to access any of these services. To ensure that a person gets on the “Socks and Hygiene” List it is necessary to arrive before 8:30 am. The list fills up fast, especially toward the end of the month. We begin to sign persons up for both “Socks and Hygiene” and the shower list at 7:45 am.
Manna House does not have a phone.

Manna House is funded completely by donations and neither seeks nor accepts government funding. There is no paid staff at Manna House; all are volunteers.

Sincerely, Kathleen Kruczek, Co-Director and Peter R. Gathje, Co-Director
Know Your Rights!

• You have a right to remain silent. If you wish to exercise that right, say so out loud.
• You have a right to refuse to consent to a search of yourself, your car, or your home. Police may “pat down” your clothing if they suspect a weapon. Do not physically resist, but you have the right to refuse any further search.
• If you are not under arrest, you have the right to calmly leave. If you are arrested, you have a right to know why.
• You have a right to a lawyer if arrested. Ask for one immediately, do not give any explanations or excuses. If you cannot pay for a lawyer, you have a right to a free one. Do not say anything, sign anything, or make any decisions without one.
• Regardless of your immigration or citizenship status, you have constitutional rights.
• If you are arrested, you have the right to a local phone call. Police cannot listen if you are calling your lawyer.
• Prepare yourself and your family in case you are arrested. Memorize your family and lawyers phone numbers.

If you feel that your rights have been violated

• Remember: Police misconduct cannot be handled on the street.
• Write down everything you remember, including the officer’s badge and patrol car numbers. Get contact info from witnesses, take photos of any damage or injuries.
• File a written complaint with the agency’s internal affairs division, civilian law enforcement review board, or local ACLU.

Internal Affairs Department
2714 Union Ave Ext, Suite 600
Memphis, TN 38112
CONFIDENTIAL HOTLINE
901-636-4979
Office Number
901-636-4955

Civilian Law Enforcement Review Board
901-576-6840

ACLU Tennessee
615-320-7142
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<thead>
<tr>
<th>Church/Ministry</th>
<th>Monday</th>
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<tr>
<td>102 N. Second Street</td>
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<tr>
<td>St. Vincent de Paul Church Food Mission</td>
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<td>Memphis Union Mission</td>
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<td>282 Poplar Ave</td>
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<td>Grace St. Luke's Episcopal Church</td>
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<td>1720 Peabody Ave</td>
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<tr>
<td>First Congregational Church Loaves and Fishes</td>
<td>(Food pantry) 11:30am-1:00pm</td>
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<td>1000 South Cooper St</td>
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<td>First Presbyterian Church</td>
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<td>166 Poplar Ave</td>
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<td>Burrito Ministries at Iona Community of Faith</td>
<td>5:00 PM</td>
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<td>212 N Second St</td>
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<tr>
<td>St. John’s Methodist Church</td>
<td>Morning food pantry and diapers</td>
<td>4:30-5:30 Soup Kitchen</td>
<td>Morning food pantry and diapers</td>
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<td>1207 Peabody Ave</td>
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<td>480 Highland St.</td>
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<td>St. Mary’s Catholic Church</td>
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<td>Highland Heights United Methodist Church</td>
<td>Food Pantry 9:30-11:00am</td>
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<td>3476 Summer Ave</td>
<td>Lunch 12pm</td>
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<td>St. Andrew’s AME Church</td>
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Want to let your elected officials know your feelings about an issue in Memphis or Shelby County? You can always contact elected representatives—this is your right!

City of Memphis: memphistn.gov
Mayors Office: Mayor Jim Strickland, 125 N Main St. Room 700, (901) 576-6000, mayor@memphistn.gov
Memphis City Council: 125 N Main St, Room 514, (901) 636-6786

Shelby County: shelbycountytn.gov
Mayor’s Office: Mayor Mark H Luttrell, Jr. 160 N Main St, Suite 850 (901) 222-2000 markluttrell@shelbycountytn.gov
Shelby County Board of Commissioners: 160 N Main St Suite 450, (901) 222-1000
Sheriff’s Office: Bill Oldham 201 Poplar, Suite 902, (901) 222-5500

Other useful resources:

Websites:
- Memphis Homeless Options: memphishomlessoptions.org (online database of potential resources that might help you or someone you are assisting leave homelessness)
- Tennessee Justice Center: tnjustice.org

Hotlines:
- Memphis Crisis Center (901) 274-7477
- Housing Crisis Hotline (901) 260-4663 (Available 24 hrs a day, screen callers to determine if you meet federal guidelines for homelessness, will then refer to MIFA for an assessment and intake to connect families to the most appropriate housing resources.)

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<td>(must go to Hospitality Hub to get on list)</td>
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<td>Sack Lunches 9am</td>
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</table>
**Meal Guide**

**United Methodist Neighborhood Centers**
Scott Center: 3000 Walnut Grove (see website for more locations: umnc.org)
(901) 323-4993, (901) 523-1036
All Centers: Tues&Thurs 9am-12pm
Food pantries located at Scott Center, Smith Center, Grace UMC, Asbury UMC, Jackson UMC Help Center, Faith UMC, Warren UMC; different centers serve different zip codes, additional services may vary; Scott Center may also provide Clothing Closet, counseling, or networking to available resources.

**Other Assistance and Support**

**Brinkley Heights Ministries: Emergency Services**
3277 Rosamond  (901) 324-3022
brinkleyheights.com
Emergency services provides clothes closet, food pantry, and spiritual & referral counseling program.

**Caritas Village**
2509 Harvard Ave  (901) 327-5246
Mon-Sat 9am-8pm
Free soup and sandwiches and a place to relax. Free medical clinic 2nd, 3rd, and 4th Tuesday (ID required). Serves those in the Binghampton area.

**Community Service Agency (CSA)**
Free
2670 union exd suite 500  (901) 222-4200, (901) 222-4315
8:30am-4:30pm M-F www.shelbycountyTn.gov
Emergency rent and mortgage assistance, supplemental and emergency assistance, family support, weatherization, homeless programs, case management, out of school youth job program, and utility program. Call (901) 535-2200 Wednesdays at 8am to set up an appointment.

**Hospitality Hub (Calvary Episcopal Church)**
Free
82 N Second St  (901) 522-1808
MWF 9:30-1 Tu-Th 9:30-12:30 http://www.hospitalityhub.org/
Counseling, hospitality services, computer, phone, and locker access, Legal Clinic on 2nd Tues of every month at 1pm

**Latino Memphis**
6041 Mt Moriah Rd Extd, Suite 16  (901) 366-5882
M-F 9am-4pm https://www.latinomemphis.org/
Education, Justice, Health services, advocacy for the betterment of the Hispanic Community

**Manna House** (see page 6)
1268 Jefferson Ave
M&Th 8-11:30am, Tu 8-10:30am

**Memphis Center for Independent Living**
1633 Madison Ave  (901) 726-6404  M-F 9am-5pm
Action and advocacy for people with disabilities
continued...

St. John's United Methodist Church
1207 Peabody Ave  (901) 726-4104
MWF 930-11, soup kitchen 430-530 Tues. and Sat.
stjohnsmidtown.org/foodpantry
Food pantry distributes in Midtown/downtown on M, W, F from 8:30am-11am,
Soup Kitchen open from 4:30-5:30pm on Tues and Sat. MIFA-certified Food
Pantry distributes pre-sacked non-perishable food to those referred by MIFA.

St. Luke's United Methodist Church
480 S Highland  (901) 452-6262
Pantry 9am-12pm, Sat. supper 4:30pm, Sunday breakfast 8am
Food pantry Thurs 10-12pm, Saturday Supper at 4:30pm, Sunday Breakfast
at 7:45 am. Sunshine Service community breakfast and worship.

St. Mary's Catholic Church
155 Market St (901) 522-9420 M-Sat 7-10am
stmary-memphis.com/soup-kitchen
(Soup Kitchen by parking lot at 2nd and Exchange). Serve coffee, water,
other beverages, sandwiches, soup and other food to residents of the 38111,
38114, and 38117 areas.

St. Mary's Episcopal Cathedral
700 Poplar Ave  (901) 527-3361
M-F 830-430, Sat 10am-1pm, breakfast Wed. 830-1,
sack lunches Sat. at 9
Breakfast is Wed 8:30-1pm and sack lunches are provided on Sat starting at
9am (first come first serve, the line usually starts earlier than 9am)

St. Michael Catholic Church
3848 Forrest Ave  (901) 323-0896, (901) 324-6411
Saturday 9-11am saintmichaelmemphis.org
Food pantry saturday mornings (except holiday weekends) 9-10:45. Photo ID
and proof of residency required for first visit only.

St. Joseph Catholic Church
150 Poplar Ave  (901) 527-3361
M-F 830-430, Sat 10am-1pm, breakfast Wed. 830-1,
sack lunches Sat. at 9
Breakfast is Wed 8:30-1pm and sack lunches are provided on Sat starting at
9am (first come first serve, the line usually starts earlier than 9am)

Midsouth Food Bank
239 S Dudley   (901) 527-0841 M-Th 8am-5pm, F 8am-12pm
midsouthfoodbank.org
Partners with charitable feeding programs at various agencies and churches
to provide food and other grocery items for distribution to qualified recipients,
feeding hungry people free of charge

Refuge Memphis
3683 Austin peay Hwy  (901) 410-8724
Food, clothing, counseling provided once a month (every 4th Saturday of
each month) at the Raleigh location. Must bring ID and proof of income or
food stamp letter/card. Pantry is open for emergencies on most Wednesdays
from 6-7pm

Team Laeth
(901) 252-7565  Thursdays 6pm
Free meals on thursdays at 6 pm downtown area

Mission Possible
2400 Poplar Ave, Suite 428  (901) 458-4357
MWF by apointment only, Tu&Th 10:30am-3:00pm
Clothing, non perishable foods

Neighborhood Christian Centers, Inc
785 Jackson Ave, 223 Scott Street  (901) 881-6013  Tu-Th 9am-5pm
http://ncclife.org/
Food pantry and clothes closet, emergency assistance, Christmas outreach
(food and toys), referrals and other services

Victims to Victory, Inc
1548 Poplar  (901) 274-6828  M-F 9am-5pm
http://www.victimstovictory.org
Our mission is to help victims of crime and their families move from crisis to
comfort through Christ. Provides individual and group counseling, assistance
with victim compensation claims, goes to court with victims, assisant with
victim statments, trama focus training.

Urban Bicycle Food Ministry
(901) 486-0176, (901) 763-7542 Wednesday 6:30pm-12am
Misssional group that meets weekly for fellowship, then goes out into the com-
munity (on bicycles) for outreach, supplying food and basic needs to people
who have been affected by homelessness. Groups travel Poplar and Madi-
son from Downtown to Cleveland and another group travels Main and Beale
Street.
Women

Agape Child and Family Services     FREE
3160 Directors Rd  (901) 323-3600, (901) 324-5436, (901) 345-6403
tagapemeanstlove.org
Serves homeless, pregnant women and mothers with up to 3 children with transitional housing and support systems.

Families in Transition (FIT)        FREE
111 Racine St  (901) 323-3600
A collaborative effort to serve homeless women and mothers fleeing domestic violence in transitional housing and support services.

Memphis Family Center  (MIFA referral required)
766 S Highland St  (901) 278-2728, Intake: (901) 260-4663
M-F 8am-4:30pm
Transitional housing for homeless mothers and their children.

Missionaries of Charity Homeless Shelters FREE
700 N 7th St  (901) 526-5456
Women may stay overnight from 3pm-8am. Overnight shelter for women and children, may stay up to three weeks, dinner and breakfast are also provided.

Salvation Army: Purdue Center of Hope  FREE
696 Jackson Ave  (901) 543-8586 (CALL FIRST)
For homeless women with up to 3 children. Provides long term (2-year) transitional housing.

Seek for the Old Path  Sliding scale based on income
1169 Linden Ave  (901) 244-7812
30-day shelter

YWCA Abused Women’s Services       FREE
766 S Highland St  memphisywca.org/
Hotline: (901) 725-4277, Job Training: (901) 948-8899, or Office: (901) 725-5861
Emergency shelter for female victims of domestic abuse and their children.

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Hotline: (901) 725-4277, Job Training: (901) 948-8899, or Office: (901) 725-5861
Emergency shelter for female victims of domestic abuse and their children.

First Congregational Church        1000 S. Cooper  (901) 278-6786  9:30am-2:30pm M-F
Community meal M-F 11am (free), both male and female 18+

First Presbyterian Church         166 Poplar Ave  (901) 525-5619  firstpresmemphis.org
Soup kitchen Sun 2:30-3:30pm, clothing closet every Sun at 2pm, hot meal, hygiene kits. (20 hygiene kits available each Sun). 1st & 2nd Tues-go to Hospitality Hub (82 N Second Street) to get on the list.

Good Samaritan Church             550 Poplar  (901) 321-5368
Meals MWF 11am-12pm, Clothes Closet Fri 12-1pm, MIFA Food Basket (must go through MIFA first) Tues & Thurs 9:30am-1pm

Grace St. Luke’s Episcopal Church 1720 Peabody Ave  (901) 272-7425
Free meal on Sunday at 4

Greater Harvest COGIC              3509 Boxdale  (901) 794-5683  8-4pm M-F
http://www.greaterharvestcogic.org/
Canned goods, food, community and rent assistance

Highland Heights United Methodist Church 3476 Summer Ave  (901) 458-5966  Mondays 9:30-11am
Food pantry outreach only to people who live in the 38122, 38112, and 38108 zip-codes. Monday meals at noon.

Idlewild Presbyterian Church       1750 Union  (901) 726-4681
“More than a Meal” Thursday nights worship at 5pm, dinner at 5:30pm. Community worship service and free meal open to all.

St. Andrew’s AME Church           1369 Mississippi Blvd  (901) 948-3441  M-F 9am-5pm
Provides a food and clothes pantry that’s open every Wed night from 5-7pm.
Churches often have food pantries, clothing closets, and hygiene products. Sometimes they will even offer financial support to those in their community.

Berclair Church of Christ
4536 Summer (901) 685-9022
bagged lunches 9-11am

Bellevue Baptist Church-Frayser
3759 N Watkins St (901) 358-3391 9am-4pm
Income based food pantry for residents of the 38127 and 38107 area codes.

Bibleway House of Prayer Ministries
3261 Park Ave (901) 327-3007
M-F 10am-2pm, takes appointments W & F
Canned goods, food, clothing

Breath of Life Seventh-Day Adventist Church
5665 Knight Arnold Rd (901) 375-4023
Food pantry (call first)

Burrito Ministries
212 N 2nd St Tues 5pm
Burritos, water, and cookies served. Essential clothing, hygiene products, and cold weather items are provided as needed.

Catholic Charities
1325 Jefferson Ave (901) 722-4700
M-Th 8am-4:45pm, Fri 8am-7pm ccwtn.org
Catholic Charities services, food pantry and clothing closet may provide clothing voucher or referral to other CC services.

Christ Missionary Baptist Church
480 S. Parkway East (901) 948-9786 M-F 9am-5pm
Clothes closet Saturdays at 10

Collins Chapel C.M.E. Church
676 Washington St (901) 529-8187
1st Saturday of every month, 12-2pm

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SHELTER QUICK LIST

Men

Barron Heights Transitional Center (Veterans) FREE
1385 Lamar Ave (901) 728-5873 bhcdc.com
Medical referrals to VA hospitals, job counseling and preparations throughout stay, 40 beds for veteran males

Calvary Rescue Mission $5, first 3 nights free
960 S. Third St (901) 775-2570 calvaryrescuemission.org
Mens shelter, checkin at 4pm, offers 2 meals per day and clothing, 21+

Memphis Union Mission: Men’s Emergency Shelter
383 Poplar Ave (901) 526-8434 memphisunionmission.org
4 free nights a month, $6 after that

Both/Families

Room in the Inn -Memphis FREE
212 2nd North St (901) 246-8052 roomintheinn-memphis.org
November-March months
Emergency shelter and meals during coldest months of the year at congregations across Memphis. Guests are screened and given vouchers for overnight stays. Guests are picked up at designated site and driven to the congregation. Call for details.

SHEILD, Inc $10, MIFA referral required
2552 Poplar, suite 215 (901) 454-9755 M-F 9am-5pm http://www.shieldmidsouth.org/content/shelters.htm
Temporary emergency shelter in individual apartment for 30 days, case management, food vouchers, linkage and referral to housing and employment when available.

Family Link (via Youth Villages) FREE
1582 Poplar Ave youthvillages.org (901) 725-6911, Project Safe Place: (901) 276-7233
24/7 housing, support, mental health services for teens

Living For Christ Restoration House $10/night, $3/day
3095 Thomas Street (901) 791-4022 Check in 2-7pm
Housing/shelter, feed house and clothe the homeless men and women
Birthright of Memphis
115 Alexander St.  birthrightofmemphis.org
(901) 327-8109, Hotline: 1-800-550-4900
M,T,Th 8:30-5, W 10-5, F 8:30-12:00
Counseling for pregnant women, free pregnancy tests, prenatal information, shelter referrals, parenting classes, adoption information.

Her Faith Ministries, Inc  Free
3396 Park Avenue  (901) 324-3705  9am-4pm T-F
www.herfaithministriess.org
Transitional housing, support, food and clothing, bus passes, GED assistance.

Mission Global Ministries  sliding cost based on income
1600 S. Lauderdale, 898 S 3rd St
(901) 947-2296, (901) 948-9333, (901)948-8629
M-F 7am-5pm
Live-in shelter program for women only, drug/alcohol support, work programs

Rape Crisis Center
1750 Madison #102  (901) 222-4350  M-F 8-4:30
https://www.shelbycountytn.gov/737/Rape-Crisis-Center
Since 1975 the Shelby County Rape Crisis Center (RCC) has been empowering and caring for victims of sexual violence by providing free and confidential, comprehensive forensic nursing, advocacy and counseling services regardless of whether or not the victim is reporting to law enforcement.

Restore Corps
1548 Poplar  (901) 410-3590
We exist to eradicate human trafficking by empowering survivors, equipping communities, and seeking justice through systemic change.

Memphis Union Mission: Moriah House
6252 Gillespie Rd  (901) 522-8819, (901) 526-8403
Recovery program for women who suffered from domestic abuse, addiction, depression, and prostitution and their children.

Tennessee Coalition Against against Domestic Violence  www.tcadsv.gov
Domestic Violence Hotline in the US  1-800-799-7233
National Domestic Violence Hotline:  1-800-799-7322, 1-800-787-3224
Women's Resource and Rape Assistance Program Hotline  1-800-273-8712
CAAP Inc. Domestic Violence Hotline (901) 272-2221

For internet access:

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**REHOUSING PROGRAMS**

continued...

**MIFA**
910 Vance Ave  (901) 527-0208  M-F 7:30-5:00 mifa.org
Prevents homelessness by providing assessment and referrals to transitional housing, emergency shelters, rental assistance, and rapid re-housing assistance. Food vouchers are 7:30-10:30am and referrals for housing are 7:30-12:30.

**Outreach Housing & Community (OHC)**
135 N Cleveland  (901) 725-9005  ohcinc.org
Call first! Helps people find, obtain, and maintain stable and appropriate housing and become integrated into the greater community.

**STAY (Supporting The Authentic You) RHD**
2400 Poplar Suite 240  (901) 308-2035
STAY provides permanent supportive housing for individuals who have experienced chronic homelessness with severe disabilities and uses the “Housing First” approach, focusing on maintaining housing, connecting participants to community services, and emphasizing harm reduction strategy.

**St. Peter Manor**
108 Auburndale  (901) 278-8200
Independent living facility, low income, 62 or older.

**Tennessee Community Services Agency**
3772 South Hickory Ridge Mall  (901) 543-4600, (901) 543-4568
M-F 8am-430pm  tncsa.com/memphis.htm
Short term rental assistance/housing supportive services program for households about to become homeless; will place families in housing with goal of self-sufficiency within three months; support from Salvation Army and MIFA; family housing advocacy.

**RUNAWAY SERVICES**

Do not be afraid to ask for help.

**Shelter For Runaways:**

Family Link at Youth Villages- Project Safe Place
Poplar Group Home
1582 Poplar Ave Memphis, TN 38104
Hotline and for Directions: (901) 276-7233
Project Safe Place: (901) 762-3758
www.youthvillages.org/what-we-do/project-safe-place.aspx
Youth Villages’ Poplar Group Home provides community based help to young people with emotional and behavioral problems and is also a part of the Project Safe Place Network. It is the only emergency shelter for runaway and homeless teens within a 200-mile radius of Memphis.

**Other Resources:**

National Runaway Switchboard 1-800-RUNAWAY (786-2929
Alliance for the Mentally Ill Children and Youth 866-791-9226
Young Adult Crisis Hotline 1-877-702-2463
Dealing with Addiction www.kidshealth.org/teen/your_mind/problems/addictions.html

**Porter-Leath**
(901) 577-2500
868 N. Manassas St.
porterleath@porterleath.org
www.porterleath.org

**Memphis City/Shelby County Displaced Student Services**
3782 Jackson Ave  (901) 416-4250  M-F 8am-4:30pm
Youth counseling, support, and treatment programs for homeless children and youth, mandated by McKinney-Vento Homeless Education Act to assist homeless youth in accessing free education & other support services

Remember, a crisis is temporary and will pass with time. Dealing with it in the right way is most important.
VA Medical Center
1030 Jefferson Ave
901-523-8990 Or 901-523-8990
Open 24 hours

Memphis Vet Center
1407 Union Ave, Suite 410
(901) 522-3950
M 8-4:30, T 8-9, W 8-7, Th 8-7, F 8-4:30, Sat 8-1, Sun-closed

The Health Care for Homeless Veterans (HCHV) program
Services:
• Healthcare enrollment referrals
• Clinical assessment
• Referral to needed medical, mental health, and substance abuse services
• Referral to employment training programs with job placement potential
• Referral to VA and non-VA disability benefit services
• Referral to short and long term shelter and transitional home programs
• Referral to permanent housing
• Referral to food, clothing, and hygiene services
This program serves veterans who are homeless or at risk. Intake hours are Mon-Fri between 10am and 12pm at the VA Medical Center, Bed Tower, 4th floor and Tuesdays between 9am and 12pm at the Drop-in Center, 600 Poplar Ave. Upon arrival to the VA Medical Center please check in with Shelagh Meadows for assistance. Health Care for Homeless Veterans program (HCHV) is composed of the Grant and Per Diem program (GDP), the Transitional Supported Housing, and the Housing and Urban Development-Veterans Affairs Permanent Supportive Housing Program (HUD-VASH).

The Housing and Urban Development-Veterans Affairs Permanent Supportive Housing Program (HUD-VASH)
Services:
Provides permanent housing and ongoing case management treatment services for homeless veterans, and their immediate families who would not be able to live independently without the support of case management. HUD’s Section 8 vouchers for permanent housing designated only to eligible homeless veterans.
Contact: 901-523-8990

Dorothy Day House of Hospitality
1429 Poplar Ave (901) 726-6760 24/7
Transitional housing and support services

The Father’s House
1835 Portland Ave (901) 354-6246
thefathershouseprogram.com
Offers a one-year drug and alcohol free environment that provides transitional housing, spiritual development, and learning opportunities to the poor, the homeless, the addicted, the prisoner and ex-prisoner, and to those trying to escape the frequently horrendous odds of life.

Genesis Homeless Services
300 N Bellevue (901) 722-8460 M-F 8am-4pm (24hr facility)
http://www.ccwn.org/programs/genesis-homeless-services/
Rapid Rehousing Program that focuses on providing needs assessments, temporary financial assistance and case management services to homeless individuals with diagnosed mental health and alcohol and drug related issues and homeless veterans that do not qualify for VA assistance.

Habitat for Humanity of Greater Memphis
7136 Winchester (901)761-4771 9-5 M-F
Homes for those who meet the need as ascertained by Habitat.

Karat Place
558 Boyd Street (901) 525-4055 karatplace.org
Residential rehabilitation program for women ex-offenders and their children.

Memphis Union Mission: Intact Family Program
4535 Benjestown Rd (901) 357-9641 Ext 30002
memphisunionmission.org
Program for legally married couples who have their own vehicle with insurance.
The Bridge: Memphis’ Street Newspaper
info@thememphisbridge.com  (901) 800-9245
Monthly paper spotlighting issues of homelessness. Vendors get 20 free papers and can buy more for 25 cents each, selling them for $1. You keep 100% of the profit. Training sessions every Thurs, 2pm at St. Mary’s, across from Morris Park on Poplar. No experience necessary.

Hope Works
1187 East Holmes Rd  (901) 272-3700, (901) 396-8800
M-F 8:30-4:30 https://www.whyhopeworks.org/
13 week personal and career development class from M-F. Also provides health and hygiene products every Tues. GED program (must be referred)

Labor Force
5021 Stage Rd, 3834 E Shelby Dr  (901) 372-1004
M-F 7am-5pm http://laborforce.com/
Job placement/temp agency

Memphis Goodwill Industries, Inc
6899 Stage Rd  (901) 384-6745  M-F 8am-4:30
www.goodwillmemphis.org
Trains and employs workers at rehabilitation center, located at 3830 Austin Peay Highway, Memphis, TN 38128

Memphis Union Mission: Opportunity Center
600 Poplar Ave  (901) 526-8434  memphisunionmission.org

Phyllis Brunson Workforce Investment Network
480 Beale St  (901) 636-7971
http://www.workforceinvestmentnetwork.com/job-seeker-services/disability-services
Disability Employment Initiative to increase the employment opportunities and economic self-sufficiency of persons with disabilities

Second Chance, City of Memphis & Shelby County
1362 Mississippi Blvd (901) 222-4550
https://www.mscor.org/class-listing
Office of Reenetry provides service for individuals seeking a second opportunity at gainful employment after felony convictions.

The Grant and Per Diem (G&PD)
Services: Transitional Home Program provides alternative, time-limited housing (up to 24 months) programs for homeless veterans through partnership with community transitional home agencies. The goal is to help homeless veterans to increase their skill levels and/or income, exhibit greater self-sufficiency and achieve residential stability.

Other services include
• Transitional housing for eligible veterans
• Comprehensive individualized treatment plans
• Case management services
• Dental care and services for eligible veterans upon completion of 60 days in the program

For more specific help: (901) 746-8902
• VA Homeless Program Staff: Ocul Ince, MSSW Ext. 7085
• Homeless Program Liaison: Louisa Beck, MSSW Ext 6216
• Homeless Program Social Worker: Chase Speigel, MSW Ext 5606, India Johnson, MSSW Ext 6215
• Homeless Program Addiction Therapist: Al Kern, MS Ext 6802
• Homeless Program Support: Shelagh Meadows Ext 5661
• Homeless Program Outreach: Pat Hines, MSSW Ext 6711

Other Services in Memphis:
Alpha Omega Veterans Services
1183 Madison Ave  (901) 726-6820  M-F 9am-5pm aovs.org
Offers various types of transitional housing for homeless veterans. Must be referred by the VA.

CAAP (Cocaine Alcohol Awareness Program) Inc
3375 Wynbrook  (901) 346-1140, (901) 360-0442  M-F 8:30-5:00pm caapincorporated.com
Provides transitional support for veterans.

Operation Stand-Down Memphis, Inc
3290 Getwell Rd  (901) 864-9516, (901) 305-6410  M-F 9am-5pm osdtn.org
Referral Agency to VA services and other veterans service organizations, disability benefits claims, counseling, active duty to veteran transition workshop, career/job counseling.
Physical

Memphis Health Center
Immunizations, screenings, family practice, OB-GYN, internal medicine, dental, medical laboratory, pharmacy, and radiology
Locations:
- Rossville Health Center (urology and podiatry services available) 4940 Highway 57, Rossville TN, (901) 261-7303
- LeMoyne-Owens College Student Health Services, The Towne Center at 915 E McLemore Ave (901) 435-1460
- Mobile Ministry of Dentistry (901) 337-3285, Drdavida077@aol.com

American Red Cross
1399 Madison Ave  (901) 726-1690  M-F 8:30am-5:00pm redcross.org
Disaster services

Baptist and Christ Community Operation Outreach
69 N Clevland St  (901) 283-8233
Mobile clinic that provides free primary and acute healthcare, education, guidance by certified nurse practitioner, vision screening and glasses

Memphis Child Advocacy Center  Free
1805 Poplar Ave  (901) 525-2377  M-F 8:30am-5:00pm memphiscac.org
Counseling, medical referral through Lebohnue

Church Health Center
1350 Concourse Ave Ste 142 (901) 259-4673
Affordable Facility and resources to improve live physically and spiritually. Walk-in clinics at 1196 Peabody and 1200 Peabody, $35, full clinic requires orientation and 8 to 9 month waiting period

Friends for Life Corporation
43 N Cleveland  (901) 272-0855  M-Th 8:30-5pm, F 8:30-4pm friendsforlifecorp.org
Provides HIV education, HIV testing, food pantry (for people infected with the virus), transportation to medical appointments, shelter plus apartments and tenant based rental assistance

Lighthouse Mission Ministries at Safe Harbor Memphis
3630 Jackson Ave  (901) 382-0966 safearbormemphis.org/
Transitional housing, back-to-work program, and counseling services for those suffering from homelessness and addiction

Teen Challenge
33 North Cleveland St  (901) 272-2308 M-F 8am-5pm tcmemphis.com
Long term (12-15 months) rehabilitation program for men with life controlling problems, primarily drug addiction and alcoholism; spiritual, social, educational, and occupational development.

Websites:
- Alcoholics Anonymous: www.aa.org
- Narcotics Anonymous: www.na.org

Hotlines:
- Substance Abuse and Mental Health Services Administration 1-800-662-4357
- AA Hotline (901) 454-1414 (901) 726-6750
- Cocaine Anonymous 1-800-347-8998
- Marijuana Anonymous 1-800-766-6779
- Holistic Addiction Treatment Center 1-800-559-9503
Substance Abuse

Alcoholics Anonymous - Memphis Office
3540 Summer Ave #104  (901) 454-1414, (901) 726-6750
MWF 8am-4pm, TR 10am-6pm  memphis-aa.org
Provides information on alcoholism and AA meetings to those who are ready to achieve and maintain sobriety

Grace House of Memphis
329 N Bellevue blvd  (901) 722-8460  M-F 8-2pm
http://www.gracehouseofmemphis.org/
Long-term residential substance abuse treatment for women. Insurance required.

Harbor House
1979 Alcy Road  (901) 743-1836
harborhousememphis.org/
Drug and alcohol treatment, Housing/shelter for residential treatment, integrated risk assessment and screening, supportive assistance, appropriate referral during and after treatment as needed. For men only.

Lighthouse Mission Ministries
4384 Stage Road 4th floor  (901) 382-0966
M-Th 8-5, F 8-12  http://www.lhmm.org/
Alcohol and drug abuse counseling services.

Serenity Recovery Centers
1094 Poplar  (901) 521-1131  M-F 8am-5pm
http://serenityrecovery.org/
Substance abuse counseling & rehabilitation

Urban Family Ministries CDC
2174 Lamar  (901) 552-3754  M-F 9am-5pm
Alcohol and drug recovery and support, outpatient treatment facility, case management, spiritual counseling. HOPWA: Housing referrals and support for persons living with AIDS. Emergency shelter for men, women, and children and referrals for other services through the Shelby County homeless continuum of care.

MedPlex Clinic
880 Madison  (901) 545-7185, (901) 545-7399,
New patients: (901) 545-6969
M-F 8am-4:30pm
Regional One outpatient clinic

Memphis & Shelby County Health Department
6590 Kirby Center Cove  (901) 222-9910
M-F 8am-4:30pm, 2nd and 4th Saturdays 8am-12pm
Immunizations, healthcare resources. 7 clinic locations in Shelby County that provide WIC services. Appointments are encouraged, ID is required

Planned Parenthood of Greater Memphis Region
2430 poplar ave  1 (800) 230-7526, (901)725-1717
M-F 9am-6pm  www.plannedparenthood.org
Provides high-quality, non-judgmental sexual healthcare, honest and accurate sexuality education and reproductive rights and advocacy for men and women regardless of ability to pay. Birthcontrol, STD testing, and other related services.

Tennessee Justice Center
(615) 255-0331  https://www.tnjustice.org/
Helps individuals and families access healthcare. Healthcare advocacy group.

United Cerebral Palsy of Mid-South/LivItUp, Inc.
3239 Players Club Parkway  (901) 761-4277  M-F 8am-4pm
livitupinc.org
Day program, personal assistance for adults with disabilities. Home or community based services

Websites:
Center for Disease Control and Prevention: cdc.org

Hotlines:
National AIDS Hotline: 1-800-232-4636
HIV/AIDS Care Hotline: (800) 525-AIDS (2437)
Memphis Crisis Center: (901) 274-7477
Shelby County Health Department: (901) 222-9000
Alliance Healthcare Services
For crisis services: 951 Court Ave (see website for more locations)
Crisis Line: (901) 577-9400, Main Line: (901) 369-1400
M-F 8:30am-5:00pm  http://www.alliance-hs.org/
Non-profit behavioral healthcare provider. Accept Medicare and TennCare. If uninsured you need: proof of income, proof of residency, proof of citizenship.

Case Management Inc
14 N Bellevue (med Clinic)  (901) 821-5600  M-F 8am-5pm
24/7 crisis response, referral services (TennCare and long-term help) addressing immediate needs

National Alliance for Mental Illness
5830 Mt. Moriah Rd Suite #6 (901) 725-0305
M-F 9am-5pm  nami--memphis.org
Education and advocacy for the mentally ill

Behavioral Health Initiatives, Inc.
55 S Barksdale & 1816 Jackson Ave
(901) 722-3668 & (901) 722-3558  M-F 8am-4:30pm  bhilc.org
Permanent Supportive Housing, 4 bedroom home for 8 men, 24 hour onsite staff

Comprehensive Counseling Network (CCN)
2150 Whitney Ave  (901) 353-5440
Offers mental health counseling & case management services at two locations in Shelby County. Our services are offered to children, adolescents, adults, and seniors in Memphis and Shelby County

Frayser Family Counseling Center
2150 Whitney Ave  (901) 353-5440
M-Th 8:30-5:00 pm, F 8:30-3pm  8:30-5pm M-Th, 8:30-3pm F
Mental health counseling. Accepts Medicare. If uninsured, bring proof of income, proof of citizenship, and proof of residency. You may qualify for a payment plan based on a sliding fee.

Lowenstein House, Inc
821 S Barksdale St  (901) 274-5486  M-F 7:30-4:30
http://www.lowensteinhouse.com/
Health insurance required. Support, assistance, education for individuals diagnosed with mental illnesses to help achieve independence and self-sufficiency through counseling, skills training, job placement, housing, and other support

Helpful Websites:
- National Resources Center on Homelessness and Mental Illness: https://www.samhsa.gov/homelessness-programs-resources
- Coping with Mental Illness: Here is Help www.capemaycountyherald.com/article/6367-coping-mental-illness-help-here
- National Center for Post Traumatic Stress Disorder: www.ptsd.va.gov
- Anxiety Disorders Association of America: www.adaa.org

Hotlines:
- American Psychological Association 1-800-374-2721
- Mental Health America 1-800-969-6642
- National Alliance on Mental Illness 1-800-969-6642
- National Suicide Prevention Lifeline 1-800-273-8255
- Post Traumatic Stress Disorder Hotline 802-296-6300
- Alliance for the Mentally Ill (901) 274-7477 (901) 577-9400